

October 2020 Newsletter



IMPORTANT DATES IN OCTOBER

Queens Birthday
Public Holiday
Mon 5th October

Childrens Book Council of
Australia "Book Week"
17-23 Oct

World OT Day
Tues 27th October

Halloween
Sat 31st October
Halloween Colouring
Raffle Drawn on Friday,
October 30.

World Occupational Therapy Week

Join us in celebrating this important week to promote and celebrate the mission and goals of Occupational Therapy.

The theme for this year is "Resilience: Supporting our communities to rebuild, recover and reengage"

The events of 2020 created an environment of uncertainty for many people throughout our communities. World Occupational Therapy Week creates an opportunity to shine a spotlight on the important role of Occupational Therapists and bring an awareness to how Occupational Therapists can provide support and strategies to those in need.

Some areas where Occupational Therapists have been assisting individuals and families are in the development of meaningful daily routines, activities and employment, providing Telehealth therapy sessions to maintain support and connection with families, and providing regulation and strategies to ease the disruption to daily activities and social situations, such as visiting friends, parks or libraries.

Through this vital support, families and individuals are then able to cope with stress and be supported through their recovery.



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IMPORTANT DATES IN OCTOBER

Children's Week!
19-27 October

QLD Mental Health Week
10-18 October

World Space Week
4-10 October

DLD Awareness Day
Fri 17 October

Book Week!

Children's Book Council Of Australia

Theme: Curious Creatures, Wild Minds

Join us in celebrating Australian authors and illustrators and highlighting the importance of reading!

cbca.org.au/cbca-book-week

Developmental Language Disorder Awareness Day.

RADLD stands for Raising Awareness of Developmental Language Disorder. International Developmental Language Disorder Awareness Day is Friday the 16th of October, 2020.

DLD is diagnosed when children do not acquire their own language for no particular reason. Children can then struggle to understand what others are saying to them and have difficulty articulating themselves. The cause for this is unknown and affects approximately 7% of the population.

Click [HERE](#) to find out more information.





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Cooee book reading Events and the Cooee store!



Cooee book reading events!

Join us for our Cooee book reading events on our Facebook and Instagram pages! These events are a great opportunity to share a lovely book with your children and participate in some fantastic giveaways!

Where: Facebook and Instagram on Fridays at 3pm.

We would love to see you all there!



Halloween Raffle



Enter our Halloween colouring raffle for your chance to win a fun activity pack!

Raffle will be drawn on: Friday, October 30.

See our Client Care Team for your colouring entry!

Cooee Calendars

Looking for some fun, engaging and educational activities to keep your little ones occupied and developing their language, literacy and occupational therapy skills?

Every Monday our team of speech pathologists and occupational therapists release our weekly Cooee Calendar on Instagram and Facebook. Each week the theme is different. This month's themes include space, book week, Nature and Halloween!

Contact our friendly client care team for your free printable activity sheets to be emailed to you and keep a watch on our Instagram and Facebook stories for some fun stories, tips and information.

Enjoy!



Online Parent Resources

Check out our free parents guide to educational websites and resources. Our speech pathologists and occupational therapists have compiled a list of fun and educational websites which you can find on our parent resources for home learning page on our website.

Head on over to www.cooeespeech.com.au to view the list today.



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Needing Assistance

In need of some assistance? Here are links to some useful sites for support.

- [Beyond Blue](#)
- [Australian Psychological Society](#)
- [Headspace](#)
- [Black Dog Institute](#)
- [Smiling Mind](#)
- [Sane](#)
- [SuperFriend](#)

COVID SAFE APP



To assist us in the safe reopening of the clinic we would strongly encourage you to download the government recommended COVID SAFE app to your phone. This will allow us to provide your family, others and our team the ability to notify people promptly in the event of a possible exposure to COVID-19. This is extremely important due to the high number of people attending the clinic and to help protect those most vulnerable in our community.

We thank you for your assistance.

Social Media

Follow us on social media to keep up to date with the latest information from the clinic. You can find us at:

-  Website <https://www.cooeespeech.com.au/>
-  Facebook <https://www.facebook.com/cooeespeech>
-  Instagram <https://www.instagram.com/cooeespeech/>



Talk, Learn & Play

HELPING PARENTS HELP THEIR CHILDREN





Cohee Kids Corner!



Spooky maze

Halloween Crossword Puzzle

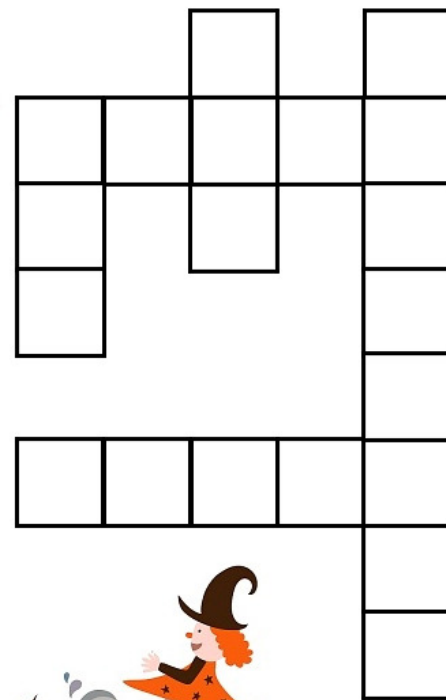
Fit all the words in the puzzle below



Help the witch find her cauldron.



BOO
BAT
BLACK
GHOST
SKELETON



Joke corner

Q: What is a monster's favorite dessert?

A: I scream!

Q: What monster plays tricks on Halloween?

A: Prank-enstein!

