

November 2025
Parent
Newsletter



Hello Cooee families!

As we head toward the end of the year and start planning for the holidays, we want to keep you updated about the supports available for your child and family. At Cooee, our goal is to provide flexible, evidence-based therapy options that meet your child where they are—and help them thrive.

Holiday Therapy: We're Open!

We know the holiday season can bring big changes to routines. For many children, having continued support during this time helps maintain progress and provides structure during quieter weeks.

Our Speech Pathologists and Occupational Therapists will continue running appointments throughout the December–January holiday period (except public holidays).

This means:

- Your child can keep their therapy routine
- You can avoid long gaps between sessions
- We can work together on practical holiday goals like play skills, communication, sensory regulation, and flexible routines

If you need to adjust your schedule or book additional sessions, just chat with our Client Care Team.



Important Upcoming Dates

12 Dec: State Schools final day term 4

Dec 25/26: Public holidays- Cooee
Closed

Jan 2026: Cooee Groups running

Therapist Spotlight: Speech Pathologist Molly Symonds

Professional Training:

- Floortime – Stanley Greenspan
- Diagnosis and Treatment of CAS using Dynamic, Temporal and Tactile Cueing (DTTC)
- DIR 101 – An Introduction to DIR & DIR – ICDL



**Molly
Symonds**

Speech Language
Pathologist

“I love being able to support clients along their therapy journey. At Cooee, everyone is supportive and always looking out for each other. I’m very grateful for the opportunity to learn and grow alongside such a supportive and dedicated team!”



Groups at Cooee - coming in 2026!

Why group therapy? A few powerful reasons...

Group therapy supports generalisation, children practise communication, regulation, and social problem-solving with peers, which helps new skills transfer into real-life settings.

- “Children learn best in natural social interactions, where communication feels meaningful and connected.” – Prizant & Wetherby, 2005
- Peer modelling matters. Research shows that children often learn new play, communication, and social skills by watching and participating with other children (Bandura, 1977; Odom et al., 1999).
- Group settings foster belonging and confidence. A sense of social connection increases motivation, participation, and resilience (Baumeister & Leary, 1995).

Group programs are also a lovely way for children to build friendships and feel understood.

We're Here to Help Your Family
Thrive

If you're interested in:

- Holiday therapy
- Groups
- Intensives
- Assessments

...our team would love to support
you.

Contact our Client Care Team on:

📞 (07) 3265 4495

✉ info@cooespeech.com.au

🌐 www.cooeespeech.com.au

📍 468 Enoggera Road, Alderley





GROUPS AT COOOEE

COMING JANUARY 2026



Ready Bodies, Ready Words: A prep readiness group: (Age: 4-6 years).

Daily group.

Bringing together communication skills, fine & gross motor and pre-literacy skills, these groups focus on school readiness.

Feelings Detectives: An interoception group (Age: Mid Primary School). **Thursdays and Fridays.**

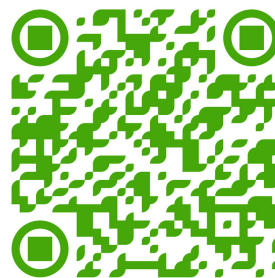
This group will explore interoception, the sense of the internal state of the body, to help children better understand and regulate their emotions and bodily signals.

Building Connections: A social communication group: (Age: Early Primary School). **Tuesdays, Wednesdays, Thursdays.**

A fun and engaging group that uses LEGO bricks to develop social communication, problem-solving, and collaboration.



3/468 Enoggera Road
Alderley



If you have any questions or to book your place, get in contact with our team - email info@coooespeech.com.au; call (07) 3265 4495 or follow the QR code today!

BOOK NOW!