

April 2026
Cooee
Newsletter



Hello Cooee families!

Cooee Turns 15 Thank You for Being Part of Our Journey

This year, in April, Cooee is celebrating 15 years of supporting children and families—and we couldn't have done it without you.

To all of the families who have trusted us, shared your journeys, and partnered with us along the way—thank you. It's a privilege to be part of your child's growth, and to walk alongside you through the different stages of development.

Over the years, we've had the unique experience of seeing many children return to Cooee at different points in their lives. This has helped shape how we work—continuing to adapt our supports to meet your child's changing needs, both in the clinic and in everyday life.

We aim to have a bigger celebration later in the year—keep an ear and eye out for invitations!



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Hello Cooee families!

We'd Love to Hear From You

As we continue to grow, your feedback is incredibly important to us.

What has been helpful for your family?

What would you like to see more of?

How can we better support you at home or in the community?

Your insights help us shape services that are truly responsive and meaningful.

Keep an eye out for opportunities to share feedback, or reach out to our team anytime—we'd love to hear from you.

Head to our feedback form via this QR code:





April focus: Development



April Focus: Understanding Development

This month, we're focusing on child development—what it looks like, how it can vary, and how you can support your child in everyday routines.

We'll be sharing:

- What typical development can look like (and how it can differ for each child)
- Practical ways to support development at home
- When to seek support and how we can help
- Our goal is to make development easy to understand, so you feel confident supporting your child- wherever they're at.

Check out our latest blogs and resources





April Focus: Development



Milestones & More

What typical development really looks like

A simple guide to understanding your child's development
— without the pressure

This is a guide, not a
test

Every child develops
differently

Look for patterns,
not perfection

Communication

Shares wants/needs (words, gestures,
AAC)

Understands simple instructions

Engages in back-and-forth interaction

Connects with others through
communication

Social & Emotional

Shows interest in others (in their own
way)

Joins in shared activities

Expresses feelings

Recovers from big emotions with
support



April Focus: Development



Play & Learning

Explores toys and activities

Uses imagination (pretend play, storytelling)

Tries new things (with support)

Stays engaged for short periods

Fine Motor

Uses hands to play and explore

Holds and manipulates objects

Attempts self-care (feeding, dressing)

Uses tools (crayons, utensils)



April Focus: Development



Self-Organisation

Follows simple routines

Transitions with support

Stays with a task (at their level)

Participates in daily activities

Instead of asking:

“Is my child on track?”

Try asking:

Can they participate in everyday life?

Are they connecting and communicating?

Do they feel confident and supported?

Use these questions
to help guide your
therapy journey or
collaborate with your
therapists.



Occupational Therapy Activity



Home Activity: “My Steps Routine”

Helping your child plan, organise, and finish everyday tasks

Why it works

Builds planning + sequencing

Reduces overwhelm

Supports independence

Helps your child participate in daily life

1. Pick one routine

Keep it simple:

Getting dressed

Brushing teeth

Packing a bag

2. Make a mini checklist

Break it into 3–4 steps:

Example (bedtime):

- Put toys away
- Pyjamas on
- Brush teeth
- Choose a book

Draw or write it together

3. Do it together

- Point to each step
- Ask: “What’s next?”
- Tick it off as you go

Cooee Tip

Say your thinking out loud:

“First this... then this...”

And remember:

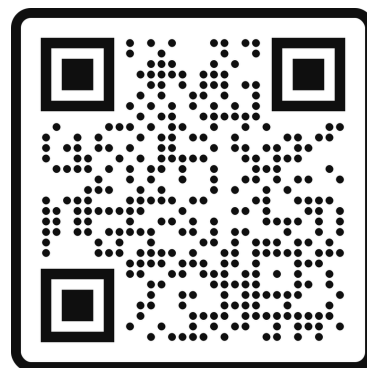
It’s not about doing it perfectly — it’s about learning the steps.

When to get support

If your child:

- Gets overwhelmed starting tasks
- Needs lots of reminders
- Struggles to finish

OT support can help build these skills





Speech Pathology Activity



Home Activity: "Say Less, Play More"

Helping your child communicate in everyday moments

Why this works

Builds communication without pressure

Uses play (how children learn best)

Supports turn-taking and interaction

Encourages attempts — not perfection



1. Join your child's play

Sit with them and follow what they're doing

cars, blocks, bubbles, snacks

2. Say 1–2 words only

Match their level:

- "Car"
- "Go car"
- "More bubbles"

Short, simple language is easier to learn

3. Pause and wait

Stop... look... wait 3–5 seconds

Give them a chance to:

- Look
- Gesture
- Make a sound
- Try a word

Pausing creates opportunities for communication

Coeee Tip

Talk less, wait more, and follow their lead
Because communication starts with:
connection first, words second

Example:

Playing cars

You say:

"Car... go!"

(push car, then pause)

Child might:

- Look at you
- Push car
- Say "go"

You respond: "Go car!" "Push the car!"

Therapist Spotlight

Robbie is an energetic and engaging Speech Pathologist who brings warmth, humour, and genuine connection to her work with children and families. She is passionate about supporting each stage of a client's communication journey, using approaches that are tailored, practical, and meaningful, while celebrating progress in all its forms.

Alongside her clinical role, Robbie is also a mentor and professional skills coach. She supports clinicians to better understand their patterns, strengthen their professional identity, and build clarity and confidence in their day-to-day practice. Her approach focuses on developing each clinician's own capacity, with the goal of creating sustainable, fulfilling, and long-term growth in their careers.

Robbie has training in:

- The Ultimate Play Based Therapy Course (for toddlers, preschoolers and school aged children)
- The Greenspan Floortime Approach, Professional Course
- Diagnosis and Treatment of CAS using Dynamic, Temporal and Tactile Cueing (DTTC)
- Key Word Sign Workshop
- The Lidcombe Stuttering Program
- Hanen More Than Words
- Sounds Write
- Meaningful Speech GLP Course for SLPs

Robbie has also completed IAHA cultural responsiveness training and Autism in preschool aged students.



Robbie Corgat

Speech Language
Pathologist
Early Career Team
Mentor &
Professional Skills
Coach



Introducing Home Handbook



Information, resources and support to nurture skills for learning, play & friendships at home

NEW

Looking for information or resources to support your child at home?

Our Parent Resources include free & low cost resources:

- Downloads and information sheets
- Short Workshops for parents
- Practical activities for home



Who are these products for?

Parents & carers who are looking for more information on how to support their children's development at home.

Learn more about

- understanding how children develop
- speech, language, motor & play skills at home
- strategies for moments of challenge

Topics include

- **The Power of Play** | The importance of play in early development
- **Teeth, Tongues & Talking** | Parent Workshop recording on speech clarity & communication development
- **Big Feelings, Little Voices** | Parent Workshop recording on emotional regulation
- and more!

FIND OUT MORE

Head to our website today to browse our resources



Home Handbook



Ongoing Group- for parents and carers with late to talk toddlers

Little Voices, Big Steps

5 sessions * 45 minutes * Small Group * Parent Delivered

Bring your toddler to a small, parent-child group (up to 4 families) where you'll learn and practice easy-to-use language strategies and receive real-time feedback from a Speech Pathologist.

The group will run in a 5 session cycle, with each session targeting a different strategy for language growth.

Tune in to your Child's Communication

Learn how to follow your child's lead, notice their communication attempts and respond in ways that keep the interaction going.

Model Meaningful Language

Once you can spot intentional communication, you'll learn how to model language at just the right level and set language goals.

Set Up for Success

Choose toys and arrange your environment to spark curiosity and conversation. Learn how to support language through everyday moments.

Respond with Purpose

Explore responsive interaction strategies that balance initiating and responding. Practice saying less to create space for your child to express themselves.

**Every Second Tuesday at 10:15am
starting 17th Feburary**

Contact our Client Care Team on:

(07) 3265 4495

info@cooespeech.com.au

www.cooespeech.com.au

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Cost

- 1 x 30 min intake session - \$96
- 5 x 45 min group sessions - \$47.05 per session

Recommended = attend 5 sessions = one group 'cycle'.

